

‘The only thing that counts is faith expressing itself through love.’

Galatians 5:6

BECOME A CARITAS PARISH CONTACT

PUT LOVE INTO ACTION

Caritas Diocese of Plymouth is the charitable arm of the diocese. We work alongside people experiencing poverty, homelessness and disadvantage across the Southwest.

We are looking for a Caritas Contact in each parish, supported by local caritas staff, who can spare a couple of hours a month to:

- Keep your parish updated on Caritas events and news
- Arrange for Caritas to visit and speak about the charity's work and Catholic Social Teaching.
- Share resources with interested parishioners to help them engage in social action.
- Identify social action projects or encourage engagement with action already taking place in your community.

‘Aspire not to have more but to be more.’

St Oscar Romero, Patron Saint of Caritas



ABOUT CARITAS DIOCESE OF PLYMOUTH

did you know...?

Caritas Diocese of Plymouth was created in 2019, and works closely with our parishes and schools, Catholic Children's Society Plymouth, Stella Maris, SVP and St Petrocs Cornwall to help those in need in our diocese.



**We have organised
17 events on Care
for Creation**




**We have
welcomed
three refugee
families
through
community
sponsorship**



**We have reached over
2,000 people through events**



**We support people from
vulnerable communities,
empowering them and
seeking
to reduce poverty
disadvantage and
discrimination.**



**Our reach spans
4954
square miles across the
diocese**

**We have helped over
600 people through our
Caritas Crisis Grants**



Get in touch:

Email caritas@prcdtr.org.uk or call 01364 645360 for a chat