

Reverse Advent Calendar

The Reverse Advent Calendar is a way to collect food and special items for families living in poverty around the Diocese to give them a treat at Christmas time. Please start from the first or second week in November so that what you collect can be with the Foodbank your parish gives your donation to before 19th December.

If you are not able to contribute to a food bank, please join us in prayer throughout Advent <https://cafod.org.uk/Pray/Advent-prayers>

1 Cereal	2 Tea or Coffee	3 UHT Milk	4 Shower Gel	5 Tinned Vegetables	6 Rice
7 Tinned Fish	8 Toothpaste	9 Pasta Sauce	10 Tinned Soup	11 Christmas Pudding	12 Custard
13 Children's Treats	14 Shampoo	15 Fruit Squash	16 Biscuits	17 Toothbrushes	18 Pet food
19 Pasta	20 Deodorant	21 Hot Chocolate	22 Toilet Roll	23 Cooking Oil	24 Hand soap