

Diocesan Safeguarding Office

The Diocese of Plymouth's Safeguarding Team is available on:
(01364) 645430 or by email on: safeguarding@prcdtr.org.uk

Safe Spaces

The Safe Spaces team is there for those who have experienced church-related abuse of any kind through its helpline and live chat service between Monday–Saturday 10am–6pm, apart from Thursdays when the service is open 12–8pm.



Tel: 0300 303 1056
Email: safespaces@victimsupport.org.uk
LiveChat: www.SafeSpacesEnglandandWales.org.uk
Website: www.SafeSpacesEnglandandWales.org.uk

SALT Southwest

"Sexual Abuse Listening Therapy"

142 Union Street,
Plymouth,
Devon,
PL1 3HL

EMAIL: email@saltsouthwest.co.uk

PHONE: 01752 600599

Operation Emotion (for men who have been sexually abused)

Telephone helpline: **07539 810096** or **07837 321514**. Email: opem@pm.me

Women's Centre Cornwall (run by women for women)

Tel: 01208 77099

Email: admin@womencentrecornwall.org.uk

Sexual Assault Referral Centre

Tel: 03003034626

Website: <https://www.archelp.co.uk>

First Light (for those who experienced abuse and violence)

Helpline: 0300 777 4777 Email: info@firstlight.org.uk

Survivor Pathway

An online resource at: <https://www.survivorpathway.org.uk/Devon>