



RECOMMENDED RESOURCES FOR CONFIRMATION WITH YOUNG PEOPLE



*'There is no separation between time for learning and time for formation,
between acquiring notions and growing in wisdom.'*

(The Catholic School on the Threshold of the Third Millennium)



Highly recommended programme in this Diocese.

Alpha Youth Series - Free just sign up.

Alpha Youth Series is designed to engage students in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions. 8 weeks. 13 sessions.

Watch the teaser **03:33** and sign up here <https://run.alpha.org.uk/>

Life: Is This It? /20:59

Jesus: Who Is He? 23:45

Cross: Why Did Jesus Die? 22:43

Faith: How Can I Have Faith? 23:02

Prayer: Why and How Do I Pray? 21:01

Bible: Why and How Do I Read The Bible? 20:39

Spirit: Who Is The Holy Spirit and What Does He Do? 23:42

Fill: How Can I Be Filled With The Holy Spirit? 18:09

New Life: How Can I Make The Most Of The Rest Of My Life? 20:56

Evil: How Can I Resist Evil? 20:17

Telling Others: Why and How Should I Tell Others? 24:04

Healing: Does God Heal Today? 22:51

Church: What About The Church? 30:57



Dynamic Catholic

Be Bold. Be Catholic.® **Highly recommended programme in**

the Diocese of Plymouth developed by Matthew Kelly and his team

The Ultimate Confirmation Experience

DECISION POINT is the first Confirmation program specifically developed to engage young Catholics in a meaningful conversation about the genius of Catholicism. It teaches and inspires teens to respond to God's grace, and it's changing hundreds of thousands of young lives. Today, DECISION POINT is the most used Confirmation program in America.

Before we could create the most dynamic program available, we needed to understand what was and wasn't effective in engaging young Catholics in their faith. We conducted hundreds

of interviews, analyzed every Confirmation program available, and explored best practices among other Christian churches and groups. What we learned shaped our entire program.

That's why DECISION POINT consists of 72 short films, a student workbook, and a leader guide. That's why the content meets teens where they are in their everyday lives. And that's why the program is available for free.

(Excellent streamed videos, downloadable Workbook, Leader's Guide for Confirmation preparation)

<https://dynamiccatholic.com/confirmation/program-view/>

Session 1

Life is Choices

[VIEW SESSION](#)

Session 2

What's Holding You Back?

[VIEW SESSION](#)

Session 3

The Jesus Question

[VIEW SESSION](#)

Session 4

The Prayer Process

[VIEW SESSION](#)

Session 5

The Bible

[VIEW SESSION](#)

Session 6

Relationships

[VIEW SESSION](#)

Session 7

The Eucharist

[VIEW SESSION](#)

Session 8

The Holy Spirit

[VIEW SESSION](#)

Session 9

The Church

[VIEW SESSION](#)

Session 10

Confirmation

[VIEW SESSION](#)

Session 11

Made for Mission

[VIEW SESSION](#)

Session 12

Holiness is Possible

[VIEW SESSION](#)

SDC RE Resources - Confirmation

Here you can find a series of worksheets for use in Confirmation programmes or printing at home. Our aim is to try to provide worksheets and other materials for catechists and teachers as well as candidates following confirmation courses.

The programme is made up of twelve sessions. (Click [here](#) for topics and session titles). It is intended to cover all necessary aspects of preparation that should be included in a confirmation course. As in the case of all other worksheets on our website, these confirmation worksheets, session plans and prayer sheets can be downloaded using Adobe reader.

This programme has been designed with flexibility in mind. Though the programme is designed for 12 sessions, the resources can be adapted for a longer or shorter course with fewer or more sessions as required by different parishes. Sessions 1 and 2 for example could be merged to form one session. One or two sessions can be done as part of a confirmation away day.

For those who would like to do the catechesis programme over more than 12 sessions, one could extend work on some of the topics such as:

- **Follow up to Unit 7:** Extra session or two to discuss and work on moral issues and the Catholic point of view.
- **Follow up to Unit 10:** Extra session to discuss and research about the life of the chosen saint.
- **Supplementary Unit S1:** The Holy Bible: God's Written Word.
- **Supplementary Unit S2:** God's Law: Understanding the Ten Commandments.

These last two sessions are included in the programme below.

UNIT	TOPIC	PLANNING	HANDOUTS	RESOURCES
1	The Story of My Life <i>Looking back - Looking ahead</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none">• Key words (5 A4 sheets)
2	What's the point? <i>The purpose of Confirmation</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none">• Key words (4 A4 sheets)
3	Which Way? <i>The Way to Christ</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none">• Key words (3 A4 sheets)
4	The Church <i>A Community of Believers</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none">• Key words (8 A4 sheets)
5	We Celebrate <i>The Eucharist, Liturgy and the Sacraments</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none">• Key words (6 A4 sheets)• PowerPoint: The Liturgical Year (38 slides - Main feasts during the year)

6	Our Creed <i>What Catholics Believe</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (3 A4 sheets)
7	Can Someone Help? <i>The Holy Spirit, Pentecost and Gifts</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (4 A4 sheets) • PowerPoint: The Holy Spirit and His Gifts (19 slides)
8	With the Spirit's Help <i>Letting the Holy Spirit work in Me</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (3 A4 sheets)
9	I want to be part of this <i>Are you ready to decide?</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (3 A4 sheets)
10	Models <i>Saints - then and now</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (3 A4 sheets) • PowerPoint: Thomas and Thomas (28 slides - about 2 saints named Thomas) • PowerPoint: The English Martyrs (18 slides) • PowerPoint: Saints for You and Me (29 slides - about a few saints from everywhere)
11	Someone is calling! <i>Vocations</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (6 A4 sheets)
12	But what's gonna happen? <i>The Confirmation Ceremony</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (8 A4 sheets) • PowerPoint: The Confirmation Ceremony (12 slides)
S1	Following God's Laws <i>The Ten Commandments</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (3 A4 sheets)
S2	God's Written Word <i>The Bible</i>	Session Plan	Worksheet Prayers	<ul style="list-style-type: none"> • Key words (4 A4 sheets)

Other Resources

RESOURCE

NOTES

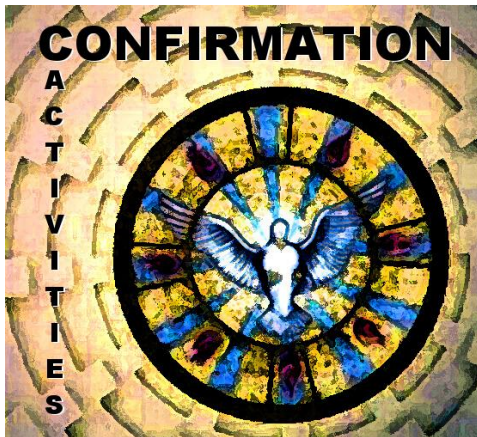
[Confirmation Certificates](#)

A selection of Confirmation certificates.

[Reconciliation Services](#)

A number of Reconciliation Services for children.

CATHOLIC CONFIRMATION ACTIVITIES THAT EXCITE AND ENGAGE



This list of Catholic Confirmation activities will help you get your students excited and engaged in the sacramental preparation process. The Sacrament of Confirmation is a critical sacrament in the life of young Catholics and should be a positive and transformative experience that they carry with them for the rest of their lives. Consider using some of these activities for Confirmation with your students to help them rejuvenate their baptismal vocation and equip them with the gifts and fruits of the Holy Spirit.

Featured resource: Help your students prepare for the Sacrament of Confirmation with [*The Religion Teacher's Confirmation Worksheets*](#).

GENERAL CATHOLIC CONFIRMATION ACTIVITIES

[Confirmation Discussion Questions for Teens](#) (Ave Maria Press)

[Sacraments of Christ PowerPoint](#) (Ave Maria Press)

[Scriptural Understanding of the Holy Spirit](#) (Ave Maria Press)

[Rite of Confirmation Lesson Plan](#) (The Religion Teacher)

[Post-Confirmation Lesson Plan and Discussion](#) (The Religion Teacher)

[The Feast of Pentecost Activities](#) (The Religion Teacher)

[Sacrament of Confirmation Symbols Video](#) (The Religion Teacher Members)

[Sacrament of Confirmation Effects Video](#) (The Religion Teacher Members)

See also: [Sacrament of Baptism Activities](#) (The Religion Teacher)

CATHOLIC CONFIRMATION WORKSHEETS

[The Religion Teacher's Confirmation Worksheets](#) (The Religion Teacher)

[The Religion Teacher's Seven Gifts of the Holy Spirit Worksheets](#) (The Religion Teacher Members)

[Baptism and Confirmation Crossword Puzzle](#) (Saint Mary's Press)

[Directed Reading Worksheet, Sacrament of Confirmation](#) (Ave Maria Press)

[Confirmation Multiple Choice Worksheet](#) (The Catholic Toolbox)

[Confirmation Symbols and Fruits of the Spirit Worksheets](#) (Teacher Resources Galore)

CATHOLIC CONFIRMATION NAME RESOURCES

[Catholic Saints Research Project](#) (Ave Maria Press)

[Confirmation Project: Summertime Saints Survey](#) (The Religion Teacher)

[All Saints Scavenger Hunt](#) (Shower of Roses)

Sacrament of Confirmation

[newadvent.org](#)- Confirmation: Present Practice and Doctrine

[4catholiceducators.com](#)- Confirmation Resources

[mycatholicsource.com](#)- The Sacrament of Confirmation

[ewtn.com](#)- Sacrament of Confirmation (What's It All About?)

[loyolapress.com](#)- Confirmation Activities

[thereligionteacher.com](#)- Confirmation Activities

[smp.org](#)- Several activities and worksheets for Confirmation posted

[archwinnipeg.ca](#)- Gifts of the Holy Spirit Activity

The purpose of this activity is to teach youth the gifts of the Holy Spirit and prepare them for the Sacrament of Confirmation. It may also be incorporated into a retreat for those receiving the sacrament of Confirmation.

[ehow.com](#)- Catholic Confirmation Retreat Activities

[lifelongfaith.com](#)- Confirmation Program with handouts and activities (scroll down to Confirmation)

[rclbsacraments.com](#)- Activities and Reflection for Confirmation

[catechistsjourney.loyolapress.com](#)- Name That Song (aka Name That Sin/Virtue/Gift)

[quizlet.com](#)- Confirmation Preparation for Young Catholics Flashcards (Confirmation)

[studystack.com](#)- Catholic Confirmation Flashcards

Lessons:

[olrl.org](#)- Lesson 21: The Sacrament of Confirmation

Lesson 25: Confirmation (The New Saint Joseph Baltimore Catechism, No. 1, page 120-123). For younger students.

Lesson 25: Confirmation (The New Saint Joseph Baltimore Catechism, No. 2, page 157-

161). For older students.

thereligionteacher.com- Rite of Confirmation Lesson Plan

thereligionteacher.com- Post-Confirmation Lesson Plan and Discussion

faithfirst.com- Preparing For Confirmation (scroll down to this

The booklet consists of two, two-page spreads for presenting each of the chapters. You will find in each lesson, a brief explanation that places the chapter in the context of preparation for Confirmation, containing a brief background essay and a list of helpful resources that can be used to enrich the teaching of the lesson.

Also included in the lesson plan is a step-by-step process for teaching the lesson. This lesson plan contains materials not included in the Faith First Grade 6 Catechist Guide and focuses the presentation of the lesson as part of the sacrament preparation process. The reproducible handouts contain activities that will help the students apply and integrate the faith themes of the lesson into their daily living.

pflaum.com- Called By The Holy Spirit

loveourcatholicfaith.com- Roman Catholic Confirmation Program

This confirmation material is based on reflections on Holy Scripture and the 1994 Catechism of the Catholic Church. It was developed over three years of preparing teenage candidates to receive the Sacrament of Confirmation. Through Group Discussion and Class Activities, this program can help Catechists teach from the Catechism of the Catholic Church in a way that reaches our teenagers.